

# Good Food

## lecture series

hosted by The Institute for a Sustainable Future  
with generous support from AARP

**Mondays at 5:30pm**  
on the 2nd and 4th Mondays of the month

**where:** Zeitgeist Arts  
222 East Superior Street  
Duluth, MN

OCTOBER

**22**

Teatro Zuccone

Can Our Region Feed Itself?:  
Understanding the Foundation  
for the Northland's New Food  
Economy

Join a farmer, educator and University of Minnesota Fellow in Sustainable Agriculture expert who shares research which answers "yes", to the question of whether the Northland can grow enough food to feed our population. Learn how support for local foods and a regional food economy can reap rewards in terms of health, tourism and economic benefit.

NOVEMBER

**12**

Zeitgeist 2nd Floor  
Dining room

Looking Backward, Looking  
Forward: Rebuilding The  
Northland as an Agricultural  
Center

During the early part of the last century Duluth was exporting food to Minneapolis and Chicago and the University was developing a thriving agricultural research center. Once again, the Northland is poised to be a midwest leader in sustainable agriculture research and infrastructure development but can we create a shared vision?

NOVEMBER

**26**

Zeitgeist 2nd Floor  
Dining room

What Farm is on Your Fork:  
Food Labels, Local Food &  
Food System Mapping

Across the nation, there is burgeoning demand for a deeper understanding about where our food comes from and how it is produced. Learn what Organic, Fair Trade, and Certified Humane and local mean and how this demand is shifting the supply chain. See first hand the first "Food Mapping Report" of a Duluth restaurant.

DECEMBER

**10**

Teatro Zuccone

Sugary Beverages & Our  
Common Health: We are all  
in this Together

Our health is intimately connected to the health of our community and the planet. Hear from health care providers and policy experts to learn about national efforts in promoting healthy food environment change, with a focus on sugary beverages, and how these are connected to the health of our economy and the health of planet.

JANUARY

**7**

Zeitgeist 2nd Floor  
Dining room

Women, Food, & Farming

Join leaders in "Women's Healthy Food and Farming" to hear about how women locally and nationally are transforming farming and leading in the healthy food and farming movement.

JANUARY

**21**

Teatro Zuccone

The Right to Food –  
Connecting Lincoln Park  
and Global Food Policy

Learn about the linkages between efforts to address "food deserts" and the call by the United Nation's Human Rights Council Report on the "Right to Food" for a fundamental shift towards agro-ecology as a way for countries to feed themselves while addressing climate - and poverty challenges.

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health reform  
MINNESOTA

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for more information contact:  
the Institute for a Sustainable Future  
at 218. 526. 7806

or through: [www.isfusa.org](http://www.isfusa.org)

Other support is provided by the  
Zeppa foundation, and the  
Good Food Network.